

## September 2022 - Walk Schedule

<p>Tuesday September 6 8.00 AM</p>	<p><b>High Park Birds and Bugs</b> <b>Leader: Jessica Nelson</b></p> <p><b>Meeting Spot:</b> South West side of the High Park entrance on Bloor Street (in front of the sign and flowerbed)</p> <p>This is a 3-hour circular walk of about 2 km, with mostly unpaved and uneven surfaces and some steep slopes.</p> <p>We'll begin with an exploration of the Savannah just inside the park gate, before moving on to Hawk Hill and the upper part of Grenadier Pond. We will be looking for migrating songbirds, herons, wood ducks, and insects of all kinds.</p> <p><b>Washrooms:</b> available along the way</p> <p><b>What to bring:</b> water, and binoculars if you're keen on birds. Consider a well-protected magnifying glass for insects, along with a compact field guide.</p> <p>Wear sturdy, close-toed shoes with good treads. Not all of the route is shaded, so consider sunscreen and/or a hat if the sun is out.</p> <p><b>TTC:</b> The park entrance is just across Bloor street from the High Park stop on the Bloor/Danforth subway line.</p> <p><b>Walk Leader's Cell Phone Number:</b> 1-647-225-5929</p>
<p>Thursday September 8 10.00 AM</p>	<p><b>Col. Samuel Smith Park Fall Migrants 1- Birding Walk</b> <b>Leader:</b> David Creelman</p> <p><b>Meeting spot:</b> Samuel Smith Park, 3145 Lake Shore Blvd W. Southeast corner of Lakeshore Blvd W. and Kipling Ave.</p> <p>This is a 2 to 3-hour, 2 km linear walk over mostly paved but uneven surfaces with some gentle slopes. No stairs</p> <p>A casual but observant walk through Col. Sam Smith Park, including areas adjoining Humber College. Fall migrants will be around, and we will search for them throughout the park. The TTC is always nearby if you need to leave early. While somewhat linear, we won't end up more than a couple of hundred meters from the starting point.</p> <p><b>Washrooms:</b> At the beginning</p> <p><b>What to bring:</b> Binoculars, water, snacks/lunch, layered clothing, appropriate footwear, cameras if desired. Even on a warm day, winds off the lake may make it colder when we are near the water. If there has been rain, grassy areas and some paths will be wet.</p>

	<p><b>TTC:</b> 501 streetcar (or bus) running along the Lakeshore and the Kipling #44 and express #944 buses running from the Kipling subway station all stop at our meeting place.</p> <p>Parking: There are paid and unpaid parking lots around Sam Smith Park and the Humber College Campus. The numbered side streets can also provide free parking.</p> <p><b>Walk Leader Cell Number:</b> 647.772.1953</p>
<p>Saturday September 10 10:00 am</p>	<p><b>Walking the Coast of the Old City of Toronto - Nature and heritage walk - Public</b> <b>Leader:</b> Joanne Doucette</p> <p><b>Meeting spot:</b> 2161 Queen St E, Toronto, ON M4L 1J1 In front of the north entrance of the Toronto Public Library Beaches Branch at the southwest corner of Queen Street East and Lee Avenue.</p> <p>This is a 2 1/2 hour linear walk covering 5-6 km over mostly paved, flat surfaces with some gentle slopes. No stairs.</p> <p>The focus of this series of walks will be the coast itself, how it was created, how it changes, its joys and dangers, the creatures that inhabit it, the plants that grow on it, and its history. The stretch we are covering on this walk includes Kew Beach, Woodbine Beach, Ashbridges Bay Park, Ashbridges Bay and the former Woodbine Racetrack site, now Woodbine Park (in part). There are washrooms at the beginning of the walk and the end. Most of the walk will be on boardwalk or paved pathways.</p> <p>Land-bird migration peaks in September. Every fall, more than five billion birds fly south, crossing Southern Ontario by the millions every day. Most of them are long distance migrants heading to the southern USA, the Caribbean or Central or South America to spend the winter. Hawks migrate from Labour Day through to November including Ospreys, Golden Eagles, Bald Eagles and thousands of Broad-winged Hawks. While the hawks are easier to spot, many smaller birds, such as warblers, are on the move too. They are harder to see for two reasons: the males lose their bright breeding plumage in many species and stop singing. So we will be on the lookout all around for birds, up, down and all around – in the bushes, on the mudflats, in the sky, and on the water. But it's not just birds! Geography, geology, history and storytelling are also on the agenda. We'll learn how Woodbine Beach was created, what threatens it and why, how the Ashbridges Bay Parks were built and about the lost wetland known as Ashbridges Bay. Woodbine Park always has surprises up its metaphorical green sleeve.</p> <p>We will end at the corner of Coxwell Avenue and Queen Street East where there is a bus to the subway and streetcars as well. The pace will be slow and the walking easy.</p> <p><b>What to bring:</b> Binoculars, money for lunch if desired. September is as unpredictable as it is enjoyable so dress accordingly. Wear good walking shoes. Hiking boots are not required.</p>

	<p><b>Washrooms:</b> At the beginning  <b>TTC:</b> Line 1 to Queen then Queen 501 street east to Queen St East and Bellefair Ave.  <b>Walk leader cell number:</b> 647-236-4980</p>
<p>Monday  September 12  10.30 AM</p>	<p><b>Lynde Shores Ramble</b>  <b>Leader:</b> Stephen Kamitzer</p> <p><b>Meeting Spot:</b> <u>New parking lot</u> at 623 Halls Rd South, Whitby. \$6 parking fee</p> <p><b>Walk details:</b> This a 3 to 4-hour, 8 km walk around Lynde Shores Conservation Area and Cranberry Marsh over mostly unpaved, but fairly flat, surfaces.</p> <p>We will follow a circular route via the old starting point, Lynde Creek Marsh, then proceed down to Lake Ontario. From there we use the somewhat rough trail across the beach and the south side of Cranberry Marsh to the viewing platform and picnic bench on the west side of the marsh where we will have lunch. From there we return via a quiet paved road and trail to our starting point.</p> <p><b>Washrooms at the start</b></p> <p><b>What to bring:</b> Lunch, water, binoculars, credit card to pay for parking,</p> <p>For pickup by walk leader at 10:00 am at Whitby Go Station main (north) exit: Please contact Stephen at <a href="mailto:stephen.kamnitzer@gmail.com">stephen.kamnitzer@gmail.com</a> (preferred) or 647-924-0840</p>
<p>Friday  September 16  8.00 AM</p>	<p><b>South Humber Meadows and Marsh</b>  <b>Leader:</b> Lillian Natalizio</p> <p><b>Meeting Spot:</b> The entrance to the Humber Bay Butterfly Habitat on Marine Parade Drive at Silver Moon Drive</p> <p><b>Walk Details:</b> A 2-hour, 5 km, circular walk over mostly paved surfaces with some gentle slopes.</p> <p>A leisurely walk starting and ending at the Humber Bay Butterfly Habitat, travelling as far as South Humber Park. We'll walk along Humber Bay and the lower Humber River to investigate biodiversity in a few recently restored habitats, looking for fall-flowering plants, migrating butterflies, herons and egrets.</p> <p><b>No washrooms</b></p> <p><b>What to bring:</b> binoculars and water</p> <p><b>Parking:</b> There's pay parking on Marine Parade Drive</p> <p><b>TTC:</b> Take the 66B bus from Old Mill or the 501 streetcar.</p> <p><b>Walk Leader's Cell Phone Number:</b> 416-577-7618</p>

<p>Wednesday September 21 5.00 PM</p>	<p><b>Milne Hollow and East Don: Restoration Work in the City</b>  <b>Leader:</b> Stephen Smith</p> <p><b>Meeting spot:</b> Entrance to Charles Sauriol Conservation Area, 1 Old Lawrence Avenue</p> <p><b>Walk details:</b> This a 2 to 3-hour 2 km nature walk along mostly unpaved trails. Some gentle slopes</p> <p>We'll tour Milne Hollow Park and walk south through the Rainbow Tunnel into Moccasin Trail Park to discuss what's been done by stewardship teams there over the past 25 years, and also the history of the area. We'll watch for wildlife and learn to identify plants. The walk will end at the park gate at the end of Moccasin Trail, and we'll walk back to the beginning.</p> <p><b>No washrooms</b></p> <p><b>What to bring:</b> Binoculars, walking stick and plant identification guides</p> <p><b>TTC:</b> The #54 bus goes between Eglinton Station and Lawrence East LRT Station. The nearest stop is east of the park at the corner of Railside/Underhill. Walk west about 400m on the south side of Lawrence to the park entrance.</p> <p><b>Parking:</b> unpaid parking is available at the bottom of Old Lawrence Ave.</p> <p><b>Walk Leader Cell Number:</b> 416-707-2164</p>

<p>Thursday September 22 10.00 AM</p>	<p><b>Col. Samuel Smith Park Fall Migrants 2- Birding Walk</b>  <b>Leader:</b> David Creelman</p> <p><b>Meeting spot:</b> Samuel Smith Park, 3145 Lake Shore Blvd W. Southeast corner of Lakeshore Blvd W. and Kipling Ave</p> <p><b>Walk details:</b> This is a 2 to 3-hour, 2 km linear walk over mostly paved but uneven surfaces with some gentle slopes. No stairs</p> <p>A casual but observant walk through Col. Sam Smith Park, including areas adjoining Humber College. Fall migrants will be around, and we will search for them throughout the park. The TTC is always nearby if you need to leave early. While somewhat linear, we won't end up more than a couple of hundred meters from the starting point.</p> <p><b>Washrooms:</b> At the beginning</p> <p><b>What to bring:</b> Binoculars, water, snacks/lunch, layered clothing, appropriate footwear, cameras if desired. Even on a warm day, winds off the lake may make it colder when we are near the water. If there has been rain, grassy areas and some paths will be wet.</p> <p><b>TTC:</b> 501 streetcar (or bus) running along the Lakeshore and the Kipling #44 and express #944 buses running from the Kipling subway station all stop at our meeting place.</p> <p><b>Parking:</b> There are paid and unpaid parking lots around Sam Smith Park and the Humber College Campus. The numbered side streets can also provide free parking.</p> <p><b>Walk Leader Cell Number:</b> 647-772-1953</p>
<p>Saturday September 24 9.00 AM</p>	<p><b>Fall in The Meadoway</b>  <b>Leader:</b> Sarah Kotsopoulos</p> <p><b>Meet at:</b> Givendale Allotment Gardens, 1 Givendale Rd, Scarborough</p> <p><b>Walk details:</b> This is a circular, 2-hour, 2 km walk over fairly flat, mostly paved surfaces.  Participants will be able to explore The Meadoway in the fall. Highlights include migratory birds and Monarch butterflies. Participants will also have the opportunity to collect native wildflower and grass seeds to sow at home.</p> <p><b>Washrooms:</b> At the beginning</p> <p><b>What to bring:</b> Bag and garden scissors for seeds; binoculars</p> <p>Closed-toed shoes are recommended</p> <p><b>TTC:</b> The closest TTC stop is 4118/4117 at Kennedy and Ranstone Gardens.</p> <p><b>Walk Leader's Cell Number:</b> 416456484</p>

<p>Sunday September 25 1.00 PM</p>	<p><b>The Hinder Property</b> <b>Leader:</b> Danielle Pellatt-Hall</p> <p><b>Meeting Spot:</b> The north parking lot of Hinder Property (on your left as you drive in), which is just off of Bathurst St on the East side, and 750m north of Sheppard Avenue West, across from the Prosserman Jewish Community Centre.</p> <p><b>Walk details:</b> This will be a slow-paced 2-hour, 3 km circular walk on mostly unpaved and uneven surfaces with both gentle and steep slopes.</p> <p>We will stop frequently to appreciate the finer details of the trees and plants that we see. Bring your plant ID guides if you have any, and make sure your phone is charged if you prefer using plant ID apps!</p> <p><b>No Washrooms</b></p> <p><b>What to Bring:</b> Water, solid shoes, plant guides</p> <p><b>TTC:</b> Take the 7 Bathurst Bus North to stop 226</p> <p><b>Walk Leader's Cell Number:</b> 647-444-2925</p>
<p>Wednesday September 28 8.30 AM</p>	<p><b>Etobicoke Creek Trail – Beach to Highway</b> <b>Leader:</b> Lillian Natalizio</p> <p><b>Meeting Spot:</b> North end of the parking lot at Marie Curtis Park (2 Forty Second St)</p> <p><b>Walk details:</b> A 6 km, 2-hour circular walk over mostly unpaved, even surfaces with some gentle slopes.</p> <p>A walk along the Etobicoke Creek Trail to take in early fall changes and ravine features. Turkey vultures are a frequent sighting.</p> <p><b>What to bring:</b> Binoculars, water, snack</p> <p><b>TTC:</b> Take the 501 streetcar to the Long Branch Loop. Walk west to 42nd St. 500m)</p> <p><b>Free parking and washrooms in Marie Curtis Park</b></p> <p><b>Walk Leader's Cell Phone Number:</b> 416-577-7618</p>