# July 2023 - Walk Schedule

# **Outings Etiquette**

Please note that members are asked to follow our Naturalist's Code of Ethics on all outings in order to minimise our impact on nature. Please review them <a href="here">here</a>. It is essential that all members behave ethically while using our green spaces and on our outings, in order to reduce our impact on the species that inhabit them, here are some additional resources how to do so:

Wildlife Disturbance: Why Now and Why Does It Matter?

Wildlife Disturbance & Ethics In Nature

Special Lecture: Ethical Nature Viewing

### Wednesday July 5 10.00 AM

Cabbagetown, Corktown and the Distillery District: Heritage Walk

Leader: Richard Longley

**Meeting spot:** The main entrance to Sherbourne subway station (southeast corner of Sherbourne and Bloor)

Walk Details: A 3-hour, 8 km linear walk over mostly paved, flat surfaces

**Walk description:** We'll walk south from Sherbourne subway station down Parliament to St. James' Necropolis and observe some of its famous graves. Then we'll pass through Cabbagetown, then on to Corktown Common and the Distillery District, taking in the history, heritage and architecture, both old and new, of these storied neighbourhoods. There are many options to return

Washrooms are available along the way

What to bring: camera, water

Walk Leader's Cell Number: 647-354-5353

# Friday July 7 9.00 AM

Newtonbrook Creek: Finch Recreational Trail, Upper Don Trail, East Don Parklands & Newtonbrook Ravine - Public Walk

Leader: Zunaid Khan

Meeting spot: The northeast corner of Bishop Avenue and Willowdale Avenue

Walk details: A 3-hour, 8 to 10 km circular nature walk over mostly paved surfaces

with a few steep slopes

**Walk description:** We will follow Newtonbrook Creek, along the Finch recreational trail to the Upper Don trail. From there we will follow the Don River into the East Don Parklands toward the Newtonbrook ravine which we will follow towards Bayview Avenue and Finch Avenue. Then we'll head north on Bayview back to the

Finch recreational trail and then head west along the trail back to our starting point. We will explore multiple ravines, forested areas and meadows.

This is a long walk so there are drop off points available along the way. Two are available on this walk:

Drop off point 1: Where Finch Recreational trail meets Bayview Avenue. TTC options: Take the Bayview 11 bus south to Davisville station or walk south to Bayview & Finch Avenue then take the Finch 36 bus west to Finch station.

Drop off point 2: Where Upper Don Trail meets Finch Avenue. TTC option: take the Finch 36 bus west to Finch station.

Washrooms: not available

**Parking:** there is a TTC lot at Finch station

**TTC directions:** Line 1 to Finch station, then walk east along Bishop Avenue to the meeting point or Line 1 to Sheppard station then take the Willowdale-Senlac 98 bus to Steeles and get off at the Bishop & Willowdale stop

What to bring: Water, snacks, sunscreen, insect repellant, binoculars and/or camera

**Other information:** Dress for the weather and wear comfortable walking or hiking shoes.

Walk Leader's Cell Number: 416-716-6464

# Sunday, July 9th at 11:00 am

#### **Rowntree Mills Park - Wildflowers**

Leader: Danielle Pellatt-Hall

**Meeting point:** Meeting at the Rowntree Mills Southern Parking lot. It is the first parking lot when you enter from Islington Avenue.

**Walk details:** A 2 hour, 3.5 km circular walk along mostly flat paved surfaces with some gentle slopes.

**Walk description:** We will begin our walk at Rowntree Mills Park, near the intersection of Finch Avenue and Islington Avenue. We will walk South on the Humber River Recreational Trail to Albion Gardens Park and return along the same path. This will be a slow paced walk as we will stop frequently to appreciate the finer details of the plants that we see. Bring your plant ID guides if you have any, and make sure your phone is charged if you prefer using plant ID apps!

What to bring: Drinking water, good shoes.

**TTC:** Line 1 to Finch West station then take the 36A if coming from the East. Line 2 to Islington station then take the bus 37A if coming from the West.

Walk Leader's Cell Phone Number: 647-444-2925

Wednesday, July 12. 6.30 PM

Glen Stewart, Kew Beach and Gardens; Birds, insects and Plants

**Leaders:** Bob Kortright and Rachel Gottesman

Meeting Point: Beech Ave entrance to Glen Stewart, 30m south of Kingston Rd.

**Walk Details:** A 2-hour, 2.5 km circular walk over even, mostly paved surfaces with some steep slopes. There are stairs

Walk Description: We'll walk down through Glen Stewart Ravine Park (some stairs, mostly boardwalk) to see the naturalising portion between Glen Manor Rds East and West, Ivor Forrest Gardens and Glen Manor Dr. Then we'll walk west along the beach and up through Kew Gardens to Queen St. We will see a great oak forest, now protected from erosion by the boardwalk, naturalisation plantings, parkland, front gardens, the beach, cherry birch, and a recently dedicated heritage red oak in Kew gardens.

Washrooms are available at the end

What to bring: curiosity and binoculars

Walk Leader's Cell Number: 416 699-8842

Thursday July 13 6.30 PM

#### **Western Harbourfront Evening Ramble**

Leader: Paul Overy

**Meeting spot:** At the foot of Spadina Ave., at the entrance to the Spadina Quay wetland (the southwest corner of Spadina and Queen's Quay West.)

**Walk details:** A 2-hour, 2 km linear walk over mostly paved, flat surfaces. Washrooms available the way

**Walk description:** This will be a leisurely stroll along the waterfront, to explore how green spaces have been introduced to what had been desolate industrial space for decades. We will meet at the Spadina Quay wetland and make our way westward to Coronation Park, with opportunities to explore inspiring and significant natural, artistic and historical spaces.

Bear in mind that the waterfront can be windier and cooler than inland areas, so please dress accordingly.

What to bring: curiosity, water, and a snack if you like.

Walk Leader's Cell Number: 647-229-1191

#### Friday, July 14 8:00 am

### **High Park Photography Outing**

Leader: Zunaid Khan

**Meeting spot:** By parking lot next to Grenadier Cafe

https://goo.gl/maps/ttnYpwqgozAzZ7yV7

**Walk details:** A 2.5 - 3 hour, 3-5 km circular walk over mostly unpaved, uneven surfaces with slopes both gentle and steep, and stairs.

**Walk description:** This is an outing of the photography group and open to all members to attend, you don't have to be a photographer to join us. Starting at the parking lot by the Grenadier Cafe, we will explore the park heading towards Grenadier pond, then walk along the pond towards the Queensway before heading east towards Parkside Drive to explore the lower ponds then head back up into the park to our starting point. We will explore all that nature has to offer in the park and seek to photograph it. As this is a photography walk, we will be stopping often and moving slowly at times.

Washrooms: Along the way

What to bring: water, snacks, sunscreen, insect repellant, camera (any kind) and

binoculars

TTC: Line 2 to High Park station, walk to the meeting spot.

Walk Leaders' Cell Phone: 416-716-6464

Other information: Dress for the weather and wear comfortable walking or hiking

shoes.

# Saturday July 15 I.00 PM

#### **Lambton Park by the Humber**

Leaders: Madeleine McDowell & Lance Gleich

Meeting spot: Lambton House, 4066 Old Dundas St

**Walk details:** A 2-hour, 2 km circular walk over mostly unpaved, uneven surfaces, with slopes, both gentle and steep, and stairs

**Walk description:** At the beginning we'll see some heritage, the specimen wildflower garden and some photos of the area. Then we'll proceed up some steps, across Dundas St. and into Lambton Park. Then we'll walk through the park and over the hills along a high promontory that was the site of the high level bridge over the Humber for the Guelph Radial Line. Then back over another rise to a gully that leads down to the River. Flnally we'll walk back along the River to the Lambton House where we may have tea

Wear shoes or boots and high socks which cover the lower legs

Washrooms available at beginning and end.

What to bring: water, a snack and binoculars

	TTC: The Lambton House is directly accessed by the #55 Warren Park Bus which stops at the door
Sunday July 16. 10.00 AM	The Meadoway: Flowers and Butterflies - Public Walk
	Leader: Sarah Kotsopoulos
	Meeting Point: Givendale Allotment Gardens, 1 Givendale Road, Scarborough
	Walk Details: A 2-hour, 3 km circular walk over mostly paved, flat surfaces
	<b>Walk Description:</b> We'll look for meadow plants, birds, and butterflies as we learn about the TRCA's meadow restoration process in The Meadoway. Wear long pants and closed-toes shoes to avoid ticks.
	Washrooms are available the beginning
	What to bring: A camera and binoculars
	TTC: Closest public transit stop at Kennedy Road and Ranstone Gardens (stop ID 4118/4117).#43 bus from Kennedy Station
	Walk Leader's Cell Number: 416 456-4844
Thursday July 20 9 AM	Hogg's Hollow – 100th Anniversary Walk
	Leaders: Zunaid Khan and Nancy Dengler
	Meeting spot: York Mills TTC Passenger Pick-Up exit, 5 Old York Mills Road.
	Walk details: A 2-hour, 5 km circular walk over mostly paved surfaces with a few gentle slopes. There are stairs
	Walk description: Starting at 5 Old Yorks Mills Road ( <a href="https://goo.gl/maps/cB6VKNHmBDBmVf2S7">https://goo.gl/maps/cB6VKNHmBDBmVf2S7</a> ) we will walk through Jolly Miller Park and York Mills Valley Park along the Don River in the Hogg's Hollow area. We will observe what nature has to offer and discuss the significance of this area in TFN's history.
	No Washrooms
	TTC: At York Mills subway station take the exit to the passenger pick up area.
	<b>Parking:</b> There is a paid parking lot by the Miller Tavern off Yonge Street, just south of York Mills.
	What to bring: Water, snacks, binoculars, sunscreen and insect repellant
	Dress for weather conditions.
	Walk Leader's Cell Number: 416-716-6464

### Thursday July 27 10.00 AM

#### Small's Creek

Leader: Linda McCaffrey

**Meeting spot:** Woodbine subway station, east exit

**Walk details:** A 2-hour, 3 km linear walk over city streets and ravine paths. There are some steep slopes

**Walk description:** Metrolinx has been busy devastating our urban forest for the new Ontario Line, most recently at Osgoode Hall and Moss Park. Despite strong local opposition Metrolinx has also been busy expanding the GO line where it has stuck to its plan to remove many trees from a lovely ravine. Let's see how it looks nowThe walk ends at Orchard Park within a triangle formed Queen St., Coxwell Ave., and Kingston Park

#### No washrooms

**What to bring**: Binoculars, water. Dress for the weather conditions. It's tick season, so long pants and closed shoes are recommended.

TTC: Line 2 to Woodbine station

# Friday July 28 8:00 am

# **Rouge Park Photography Outing**

Leader: Zunaid Khan

**Meeting spot:** By the Parks Canada Welcome Centre off the Zoo Road entrance.

https://goo.gl/maps/9gGLsx5WFnwEm2YH6

**Walk details:** A 2.5 - 3 hour, 4-6 km circular walk over mostly unpaved, uneven surfaces with some gentle and steep slopes.

Walk description: This is an outing of the photography group and open to all members to attend, you don't have to be a photographer to join us. Starting at the meeting point, we will head along Zoo Road into the park towards the Beare wetlands, then walk along the Cedar Trail and Beare wetlands loop before heading east towards the Orchard Trail which we will follow towards Twyn Rivers Drive then connect to the Vista Trail which we will follow to our starting point. We will explore all that nature has to offer in the park and seek to photograph it. As this is a photography walk, we will be stopping often and moving slowly at times.

#### No Washrooms

What to bring: Water, snacks, sunscreen, insect repellant, camera (any kind) and binoculars

**Other information:** Dress for the weather and wear comfortable walking or hiking shoes.

TTC: Line 4 to Don Mills station, then take the Sheppard 85 East bus to Meadowvale, get off at the Meadowvale Loop at Sheppard, then take the 86A Scarborough bus to Toronto Zoo and get off at Meadowvale and Zoo Road, then walk to the meeting spot.  Walk Leaders' Cell Phone: 416-716-6464
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If members have any questions about our outings please send an email to walks@torontofieldnaturalists.org.  The Outings committee is looking for volunteers to join the committee, lead walks and help support walk leaders on outings. If you are interested in helping please send an email to volunteering@torontofieldnaturalists.org