# August 2023 - Walk Schedule

# **Outings Etiquette**

Please note that members are asked to follow our Naturalist's Code of Ethics on all outings in order to minimise our impact on nature. Please review them <a href="here">here</a>. It is essential that all members behave ethically while using our green spaces and on our outings, in order to reduce our impact on the species that inhabit them, here are some additional resources how to do so:

Wildlife Disturbance: Why Now and Why Does It Matter?

Wildlife Disturbance & Ethics In Nature

Special Lecture: Ethical Nature Viewing

#### Thursday, August 3rd at 9.00 AM

Humber Bay Nature Walk: Sunnyside Park to Humber Bay Park East

Leader: Lillian Natalizio

Meeting Point: Martin Goodman Trail and Budapest Lane just west of Palais

Royale

Walk Details: A 2-hour, 4 km linear walk mostly over unpaved, even surfaces with a

few gentle slopes

**Walk Description:** We'll take a leisurely walk westward around Humber Bay from the beaches at Sunnyside to the butterfly garden and settling ponds at Humber Bay Park East, looking for wildlife making use of the open water, wetlands, and narrow strips of green spaces along the way.

Washrooms are available along the way

What to bring: Water, sun protection, binoculars

**How to get there:** Take TTC 501 or 504 to Roncesvalles Ave at Queen St West and use pedestrian bridge to Lake Shore Blvd, or take #80 bus to Parkside Drive and Queensway and walk about 10 min east.

Parking available at Budapest Drive.

Walk cell Number: 416-577-7618

This will be a public walk

# Friday, August 4th at 9.30 AM

#### **Humber College Arboretum Nature Walk**

Walk Leader: Martin Chen

**Meeting spot**: The rectangular grassy area between the Barrett Centre for Technology Innovation and the bus terminal, adjacent to parking lot #6

Walk Details: A 2-hour, 5 km circular walk over mostly paved, flat surfaces

**Walk Description:** We'll see the clear waters of the Humber River from a footpath leading to the colourful gardens at its summer peak, and well maintained public gardens prepared by student landscape architects

**Washrooms** are available at the beginning/ end

What to bring: water, hat

Getting there: Take the 927B Hwy 27 Express from Kipling station. Plentiful paid

parking

Walk Leader's Cell Number: 416-854-4157

#### Tuesday, August 15th at 6.30 PM

# Woodbine Park, Ashbridge's Bay and Beach, Evening Ramble

Leader: Bob Kortright

**Meeting Point:** Seating area 40m southeast of corner of Coxwell and Eastern

Avenues

Walk Details: A two-hour, 3 km circular walk over mostly paved, flat surfaces

**Walk description:** From the original north shore of Ashbridge's Bay we will cross Woodbine Park, on the former Greenwood racetrack lands, past Coatsworth Cut, around Ashbridge's Bay park, past Woodbine beach and the Woodbine bus loop and past the stormwater ponds in Woodbine Park ending at Kingston Rd and Queen St. We will see trees, flowers, butterflies, dragonflies, and the results of over 100 years of projects that have changed the shoreline for sanitation and recreation.

Washrooms are available along the way

What to bring: curiosity and binoculars

**Getting there:** take the 505 streetcar, get off at Coxwell Ave and walk south to Eastern. Or, from Greenwood station, take the 31 bus to Queen and Coxwell. Free parking available

Walk Leader's Cell Number: 416 699-8842

## Thursday, August 17th at 6.30 PM

#### Rennie Park Evening Ramble

Leader: Danielle Pellatt-Hall

**Meeting spot:** At the entrance to the trail: in the parking lot near the intersection of Waller Avenue and Rennie Terrace

**Walk Details:** A 2-hour, 1 km circular walk over mostly unpaved, even surfaces with a few slopes, both gentle and steep

**Walk Description:** This is a short trail in a rich ecosystem. It's easy to overlook Rennie Park with High Park being right next door, but it's a worthwhile stop for urban nature travels.

This will be a slow-paced walk as we will stop frequently to appreciate the finer details of the trees and plants that we see. Bring your plant ID guides if you have any, and make sure your phone is charged if you prefer using plant ID apps!

Washrooms are available at the beginning

What to bring: Water and solid shoes

**TTC:** Take the subway to Runnymede station. Then walk south down Runnymede road about 10 minutes to reach the Park.

Walk Leader's Cell Number: 6474442925

#### Saturday, August 19th at 10 AM

#### **Butterfly Festival at the Spit**

Walk Leader: Bob Kortright

**Meeting Point:** The butterfly festival's walk starting point (Just south of the entrance to Leslie Street Spit, at the foot of Leslie St.)

Walk Details: A 2-hour, 3 km circular walk over mostly paved, flat surfaces

Washrooms are available at the beginning

**Walk Description:** This one of the walks offered as part of the TRCA's Butterfly festival. We should see a number of kinds of butterflies if the weather is not rainy, and can in any case look at the trees and plants that have grown up on this artificial land since it was built out into the lake since the late 1950s, as well as observing birds and insects

What to bring: curiosity and binoculars

**Getting there:**The 83 bus from Donlands Subway Station will drop you at Commissioners and Leslie. It's a 500 m walk south from there to the park entrance. There is free parking in the lot off Unwin Ave, on Unwin avenue itself and on Leslie St.

Walk Leader's Cell Number: 416 699-8842

## Tuesday, August 22nd at 9:00 AM

The Leslie Street Spit. 100th Anniversary Walk. Public Walk

Walk Leaders: Zunaid Khan and Charles Bruce-Thompson

**Meeting Point:** The entrance to the park at the foot of Leslie St. **Walk Details:** A 3-hour, 7 km circular walk over mostly paved, flat surfaces

**Walk Description:** A walk around the man-made headland, now a flourishing sanctuary for flora and fauna, and its wetlands, both new and established. This will be a public walk

Washrooms are available at the beginning

What to bring: Binoculars and water

**Getting there:** The 83 bus from Donlands Subway Station will drop you at Commissioners and Leslie. It's a 500 m walk south from there to the park entrance. The parking lot (off Unwin Ave.) is free and very potholed

Walk Leader's Cell Number: 416 778 5340

## Tuesday, August 29th at 9:00 am

#### Wilket Creek & Serena Gundy Park Public Walk

Leader: Zunaid Khan

Meeting Point: In front of the Toronto Botanical Gardens (TBG) main building

**Walk Details:** A 2- to 3-hour, 5 to 8 km circular walk over mostly paved surfaces, with a few slopes, some steep

**Walk Description:** We head down to Wilket Creek Park, starting at the access trail that leads from the TBG parking lot. We follow the trail through the ravine, then veer towards Sunnybrook Park before accessing the trail leading into Serena Gundy Park. Then we loop around and head back to the Wilket Creek trail, returning to our starting point. Lots of opportunities to observe what nature has to offer in the ravine and park. Dress for the conditions with comfortable walking or hiking shoes/boots. **Washrooms** are available at the beginning and at the end

What to bring: Water, snacks, sunscreen, insect repellent, binoculars and/or camera

**Getting there:** TTC options: Line 1 to Eglinton station, then take the Lawrence East 54 bus to Lawrence and Leslie, cross to the west side of Lawrence and walk to the meeting spot. Or take Line 4 to Leslie station then take Leslie 51 bus to Lawrence & Leslie and walk to the meeting spot. There is paid parking at TBG

Walk Leader's Cell Number: 416-716-6464

If members have any questions about our outings please send an email to walks@torontofieldnaturalists.org.  The Outings committee is looking for volunteers to join the committee, lead walks and help support walk leaders on outings. If you are interested in helping please send an email to volunteering@torontofieldnaturalists.org
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