September 2023 Schedule

Saturday September 2 10.00 AM

Newtonbrook Creek Ravine and East Don Valley Swamp

Leader: Ellen Schwartzel

Meeting Point: The sidewalk at the south-east corner of Bayview Ave and Finch Ave., near a cluster of townhomes called "Rainbow Creekway"

Walk Details: A 2.5-hour, 4 km circular walk over mostly unpaved, uneven surfaces with both gentle and steep slopes and stairs

Walk Description: A morning walk in a shady Willowdale ravine, with a few steep hills. Wetland patches of cattails alternate with areas of meadow and open woodland. We'll see berries (nannyberry and highbush cranberry) and native forbs like white vervain, jewelweed and thimbleberry. Local volunteers (and TFN members) have been protecting snapping turtle nests in this area. We will continue past Forest Grove, down into the environmentally significant area, and continue past the confluence of Newtonbrook Creek and a branch of the Don, where turtles may be basking at a pond. Then we will double back and end back at Finch and Bayview.

No Washrooms

What to bring: A sun hat, insect repellant, water and a snack. Consider your walking stick.

TTC: Take the Finch Express bus from Finch Station

Other information: For those coming by subway, there are washrooms inside Finch subway station, near the flower shop.

Walk Leader's Cell Number: 647-463-5562

Wednesday September 6 10.00 AM

Col. Samuel Smith Park, Fall Migrants, Walk 1 of 2 - Public Walk

Leader: David Creelman

Meeting Point: Southeast corner of Lakeshore Blvd W. and Kipling Ave.

Walk Details: A 2 to 3-hour linear walk over mostly unpaved, uneven flat surfaces with a few gentle slopes

Walk Description: A casual, but observant, walk through Col. Sam Smith Park, including areas adjoining Humber College. Fall migrants will be around, and we will search for them throughout the park. The TTC is always nearby if you need to leave early. While somewhat linear, we won't end up more than a couple of hundred meters from an easy exit.

Washrooms are available at the beginning

What to bring: Binoculars, water, snacks/lunch, layered clothing, appropriate footwear, cameras if desired. Even on a warm day, winds off the lake may make it colder when we are near the water. If there has been rain, grassy areas and some paths will be wet.

TTC info: TTC 501 streetcar (or bus) running along the Lakeshore and the Kipling #44 and express #944 buses running from the Kipling subway station all stop at our meeting place.

Parking: There are paid and unpaid parking lots around Col. Sam Smith Park and the Humber College Campus. The numbered side streets can also provide free parking.

Walk Leader Cell Number: 647.772.1953

Thursday September 7 9.00 AM

Toronto Islands: Ward's Island and Snake Island. 100th Anniversary walk

Leader: Zunaid Khan

Meeting Point: Ward's Island ferry dock

Walk Details: A 2 ½ hour, 3 to 5 km circular walk over mostly unpaved, even, flat

surfaces.

Walk Description: From the Ward's Island ferry dock we will walk east towards the channel that runs between Ward's Island and Cherry Beach. Then we'll make our way towards Ward's Island beach before following the boardwalk west. Eventually we'll leave the boardwalk, crossing the inner channel that runs through the islands over to Snake Island. We will explore all that nature has to offer on the islands and possibly see some migrating birds. We will also discuss TFN's connection to the islands.

Here is a link to the ferry schedule:

https://www.toronto.ca/explore-enjoy/parks-gardens-beaches/toronto-island-park/all-ferry-schedules/. If they are still running on the summer schedule please plan to take the 8:15 am ferry, if they have switched to the fall schedule then please take the 8:30 am ferry. I will meet you on Ward's Island.

If you wish to purchase your ferry ticket in advance you can do so here: https://secure.toronto.ca/FerryTicketOnline/tickets2/index.jsp

Getting there: Line 1 to Union station then 509 Harbourfront or 510 Spadina streetcar to ferry terminal stop, exit to street level and walk south to Jack Layton ferry terminal.

Please dress for the weather

Washrooms are available at the beginning

What to bring: Snacks, water, binoculars and/or camera.

Walk Leader's Cell Number: 416-716-6464

Saturday September 9 10.00 AM

Downsview Park: Fall Colours and Migration

Leader: Rachel Gottesman

Meeting Point: The northeast corner of Sheppard Ave and Keele St

Walk Details: A 2.5-hour, 3 km circular walk over mostly paved flat surfaces with a few gentle slopes.

Walk Description: Fall visit to old growth trees to see seasonal colours. A good site to view raptors and other migrating birds. Part of the old growth areas are slated for redevelopment, so this may be a limited opportunity.

Washrooms are available the end What to bring: binoculars, snack Other information: Parking is available inside the park. Lots of TTC options: #84A Sheppard bus, #106, #108A from Sheppard West subway station; #41 Keele bus from Finch West station, or walk from Downsview Station Monday Harbord Village – St Stephen in the Fields church September 11 9.00 AM Leader: Richard Longley Meeting Point: Bathurst TTC: east side of Bathurst, north of Bloor Walk Details: A 3-hour, 12 km linear walk over mostly paved, fairly flat surfaces Type of walk: Heritage Location: Bloor/Bathurst - College/Spadina Walk Description: Harbord Village: one of downtown Toronto's most interesting neighbourhoods, featuring Honest Ed's development, which is nearing completion and Central Tech, with its mid-century modern Art School. Also Croft Street, an alley with great graffiti. We'll visit St Stephen's in the Fields Church with Rev Maggie Helwig: an opportunity to learn more about the homeless in tents. Then we'll head north to Bloor St. through Victorian Harbord Village. Then east along Bloor to see Brunswick House and Trinity St Paul's Church, where there'll be an opportunity to leave via Spadina TTC. The south down Spadina to College St. and Kensington Market, perhaps for lunch. A donation to St Stephen's will be appreciated, any amount, no pressure – zero will be fine. Dress for the prevailing weather Washrooms are available along the way What to bring: water, camera Walk Leader' cell Number: 647-354-5353 Tuesday Rouge National Urban Park Nature Walk September 12 9.00 AM Leader: Charles Bruce-Thompson **Meeting Point:** Twyn Rivers Day Use Area & parking lot, 55 Twyn Rivers Dr, Scarborough Walk Details: A 3-hour, 8 km circular walk over all sorts of surfaces, including stairs. Some steep slopes Walk Description: We'll walk up Orchard Trail on the north side of Little Rouge Creek to Zoo Road and the man-made wetlands, which we'll circle around and

then walk west along Zoo Road to the Rouge Valley Conservation Centre. From

there we'll return from whence we came, via Vista Trail on the south side of the Creek. Brush up on your goldenrods and asters – there are going to be plenty to see and identify!

Washrooms are available at the beginning

What to bring: Binoculars and something to munch on.

To get to the meeting point from Twyn Rivers Drive and Sheppard: drive for about 1.4 km, over two bridges. The parking lot is 400 m on your right after going over the second bridge. Parking is free

Not TTC accessible; if you need a ride I'll do my best to accommodate. Email me at cbthompso@gmail.com or phone 416.778.5340

Walk Leader's Cell Number: 416.778.5340

Thursday 14 September 6.30 PM

Milkman's Lane Evening Ramble

Leader: Danielle Pellatt-Hall

Meeting Spot: Meeting at the intersection of Glen Road and South Drive, near where Milkman's lane begins.

Walk Details: A 2-hour, 1 km circular walk over mostly uneven, unpaved surfaces with steep slopes

Walk Description: We will walk down Milkman's Lane to the trail and follow it Eastward as we look at trees and their leaves, and the wildflowers too. This will be a slow paced walk as we will stop frequently to appreciate the finer details of the trees and plants.

Washrooms are not available

What to bring: Drinking water and solid shoes. Bring your plant ID guides if you have any, and make sure your phone is charged if you prefer using plant ID apps.

TTC: It's about a 13-minute walk from Sherbourne station to the intersection of Glen Road and South Drive

Walk Leader's Cell Number: 647.444.2925

Saturday	
September	16
10.00 AM	

The Meadoway Walk - Public Walk

Leader: Sarah Kotsopoulos

Meeting Point: Bendale Junior Public School (61 Benshire Drive, Scarborough).

Walk Details: A 2-hour, 2 km circular walk over mostly paved, flat surfaces with a

few gentle slopes. No washrooms

Walk description: Walk participants will tour a section of The Meadoway and learn about the meadow restoration project while viewing the wildflowers, birds and pollinators.

Long pants and closed toe shoes are recommended.

What to bring: Camera, binoculars

TTC: take the 16 bus from Warden station to McCowan Rd at Bellechasse St

Walk Leader's Cell Number: 416-456-4844

Monday September 18 10.00 AM

Victoria Park Quarry Lands. A Miles Hearn Memorial Walk

Leader: Bob Kortright

Meeting Point: The southeast corner of Danforth Ave at Victoria Park Ave

Walk Details: A 2.5-hour, 3 km circular walk over mostly unpaved but even

surfaces with a few gentle slopes

Walk Description: We will walk south on Victoria Park Ave under the railway bridge and walk east through the former Birchcliff quarry lands which have naturalized in the decades since the quarry ceased operation, and back to our starting point, noting the plants that have found a foothold naturally in cracks beside the sidewalk, alongside the railway and on the quarry lands themselves. Migrating birds and insects are likely. Miles led TFN walks here in December 2018 and September 2019.

Washrooms are available at the beginning

What to bring: curiosity and binoculars

Other information: The meeting point is a seven minute walk south of Victoria Park subway station and across the street from a mall with many lunch options and parking.

Walk Leader's Cell Number: 416 699-8842

Wednesday September 20 10.00 AM

Col. Samuel Smith Park, Fall Migrants, Walk 2 of 2

Leader: David Creelman

Meeting Point: Southeast corner of Lakeshore Blvd W. and Kipling Ave.

Walk Details: A 2 to 3-hour linear walk over mostly unpaved, uneven flat surfaces with a few gentle slopes

Walk Description: A casual, but observant, walk through Col. Sam Smith Park, including areas adjoining Humber College. Fall migrants will be around, and we will search for them throughout the park. The TTC is always nearby if you need to leave early. While somewhat linear, we won't end up more than a couple of hundred meters from an easy exit.

Washrooms are available at the beginning

What to bring: Binoculars, water, snacks/lunch, layered clothing, appropriate footwear, cameras if desired. Even on a warm day, winds off the lake may make it colder when we are near the water. If there has been rain, grassy areas and some paths will be wet.

TTC info: TTC 501 streetcar (or bus) running along the Lakeshore and the Kipling #44 and express #944 buses running from the Kipling subway station all stop at our meeting place.

Parking: There are paid and unpaid parking lots around Col. Sam Smith Park and the Humber College Campus. The numbered side streets can also provide free parking.

Walk Leader Cell Number: 647,772,1953

Tuesday September 26 6.30 PM

Milne Hollow and Charles Sauriol Conservation Area – 100th Anniversary Walk Evening Ramble

Leader: Zunaid Khan & Emily Heidendahl

Meeting Spot: Trailhead off parking lot by Lawrence Avenue East and Old Lawrence Avenue

Walk Details: A 2-hour, 3 to 5 km circular walk over mostly paved, flat surfaces with a few gentle slopes

Walk Description: We will follow the East Don trail as it winds through Milne Hollow and Charles Sauriol conservation area. We explore what nature has to offer in this area. We will discuss the significance of the area to our walks program and the stewardship work being done in the area by the City of Toronto's Community Stewardship program. This program actively engages the public through on-going restoration activities in 8 sites throughout Toronto. Participants in this program learn

about native trees, shrubs, herbaceous plants, invasive species, ecological monitoring and more. Milne Hollow is one of the 8 stewardship sites, and is a 6-hectare urban park located along the East Don River at the northern edge of the Charles Sauriol Conservation Reserve. On this walk, the coordinator of the Community Stewardship Program, Emily Heidendahl, will highlight the many volunteer restoration successes that have been achieved during two decades of stewardship at this site. Our route will see us follow the Don River south before crossing the river exploring a newer section of the trail before retracing our path back to the starting point.

Washrooms are not available

What to bring: Water, snacks, and binoculars

Dress for the weather conditions.

TTC: Line 1 to Eglinton station then take the Lawrence East 54 bus to Railside Road and Lawrence Ave. East then walk 400 m west to Old Lawrence Road and walk 200m down the hill to the parking lot/trailhead.

Walk Leader's Cell Number: 416-716-6464

Wednesday September 27 9.00 AM

St Anne's Church - Liberty Village Heritage Walk

Leader: Richard Longley

Meeting Point: Dufferin Subway Station east entrance

Walk Details: A 3.5- hour (including church visit), 10 km linear walk over mostly paved, flat surfaces

Walk Description: This walk includes a visit to Byzantine St Anne's Anglican Church, where guide Robin Sewell will describe its history, its paintings by members of the Group of 7 and sculptures by Loring and Wyle. Liberty Village will include sites of Mercer Reformatory for Women, Toronto Central Prison for Men and some of Toronto's finest ex-industrial buildings.

St Anne's church will appreciate a donation but no pressure, any amount will be welcome, none will be fine.

The walk will end at the junction of Liberty Street and Strachan Ave., where you can take the 509 or 511 streetcar (North of the Fleet St exit from Exhibition Place)

I'll be walking home north via Garrison Crossing bridges through Belwoods Park, Dundas St. and Kensington Market. All who would like to accompany me are most welcome.

Washrooms are available along the way
What to bring: water, camera
Walk Leader's Cell Number: 647-354-5353